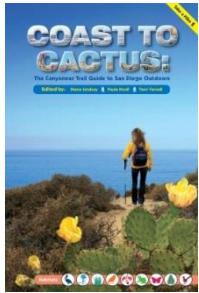




SUNBELT PUBLICATIONS

Out and About



COAST TO CACTUS:

The Canyoneer Trail Guide to San Diego Outdoors

ISBN: 9781941384206, Retail: \$29.95,

Written by: The Canyoneers of the San Diego Natural History Museum

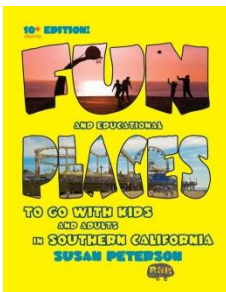
Edited by: Diana Lindsay, Paula Knoll, Terri Varnell

Maps: Pat Knoll

Publisher: Sunbelt Publications

Pub Date: 09/16

Coast to Cactus: The Canyoneer Trail Guide to San Diego Outdoors is much more than a hiking guide. Written by the San Diego Natural History Museum Canyoneers, it is the new “bible” for really getting to know and appreciate the county’s biodiversity while exploring it firsthand. The guide has 250 hikes, each with its own map and photograph, hike description with mileage, elevation gain/loss, difficulty rating, and directions to the trailhead with GPS, trail use, special features, and type of habitat found on each hike. Each hike has a focus on a species or natural/cultural history feature associated with that hike.



FUN AND EDUCATIONAL PLACES TO GO WITH KIDS AND ADULTS IN SOUTHERN CALIFORNIA, 10+ Edition

ISBN: 9780983383222, Retail \$25.95

Author: Susan Peterson

Publisher: Fun Places Publishing

Pub Date: 06/16, Format: SC

This is a comprehensive guide through Los Angeles, Orange County, Santa Barbara County, and then some! Have fun using this book to entertain, enjoy, and explore with your child.

Exploration, entertainment, and education are the main objectives of the new edition of this award winning guide book. Fun and Educational Places to go with Kids and Adults is a comprehensive guide to exploring the Los Angeles, Orange, Riverside, San Bernardino, San Diego, Santa Barbara, and Ventura counties as a family.

Each of the 2500 updated entries features a complete description, phone number, address, directions, Thomas Guide grid number, website, hours, admission, recommended ages, and even length of time for attraction and birthday party potential! Every featured location is indexed by city, price, and theme. Fun Places also includes a Calendar Section, as well as an Ideas and Resource section.

****Prices Subject to Change**





CYCLING SAN DIEGO, 4th Edition

ISBN 9781941384138, Retail: \$21.95

Author: Nelson Copp

Publisher: Sunbelt Publications

Pub Date: 07/15, Format: SC

Welcome to the latest edition of Cycling San Diego which, along with Cycling the Trails of San Diego, has been the region's most comprehensive and detailed guide to superb cycling experiences at all skill levels for three decades. The current edition, now in full color with abundant maps, features 67 rides with opportunities to experience the four natural areas of the county: Urban and Coastal, Rural and Foothills, Mountains, and Desert. Very few regions in America feature such geographical and biological diversity within a single county. In addition to route descriptions, this publication offers valuable sections on cross-country routes through the region, grand round-robin tours of the county, suggested reading, a listing of current cycling retailers, and intermodal transportation opportunities for cyclists (plus walkers, commuters, and hikers) via train, trolley, and bus.



BORREGO SPRINGS SCULPTURES: FEATURING THE ARTISTRY OF RICARDO BRECEDA

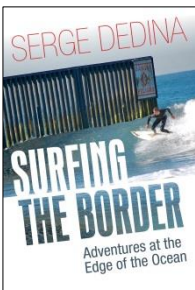
ISBN: 9781941384145, Retail: \$11.95

Author: Diana Lindsay

Publisher: Sunbelt Publications

Pub Date: 04/15

Sculptor Ricardo Breceda's "Sky Art" is the perfect blend of craftsmanship and placement against the desert backdrop. Startling and stunning as these life-size metallic sculptures are, they beg a story of how they came to be. This is that story - a souvenir for those that have experienced the majesty of his "Sky Art" and a calling card for those who have not.



SURFING THE BORDER: Adventures at the Edge of the Ocean

ISBN: 9781941384107, Retail: \$17.95

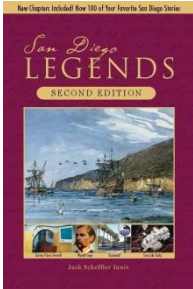
Author: Serge Dedina

Publisher: Wildcoast

Pub Date: 01/15, Format: SC

In Surfing the Border, Serge Dedina takes us on a journey into the world of surf culture and travels around the globe to highlight how surfing connects us to the increasingly scarce natural and cultural niches that remain. Whether he is exploring the wilds of Mexico and Australia or getting a surfing makeover from his teenage sons, Serge Dedina shows us with humor and passion, how riding waves is a gateway to the world beyond the beach.

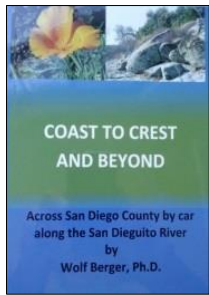




**SAN DIEGO LEGENDS:
The Events, People, and Places That Made History, 2nd Edition**

ISBN: 9781941384015, Retail: \$17.95,
Author: Jack Innis
Publisher: Sunbelt Publications
Pub Date: 11/14, Format: SC

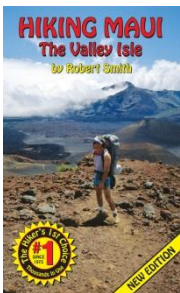
San Diego journalist Jack Innis describes the many fascinating people and events that influenced the development of San Diego, plus the colorful characters and groups that made headlines in the past century.



**COAST TO CREST AND BEYOND:
Across San Diego County by Car along the San Dieguito River**

ISBN: 9780916251536, Retail: \$12.95
Author: Wolf Berger, Ph.D.
Publisher: F. Parker Program for Public Education, Scripps Institute of
Pub Date: 01/14, Format: SC

This book introduces the reader to the biodiversity of San Diego County through the medium of a drive along the San Dieguito River, following the general course of the Coast to Crest Trail beginning at the beach in Del Mar and ending at the source of the San Dieguito River on Volcan Mountain.

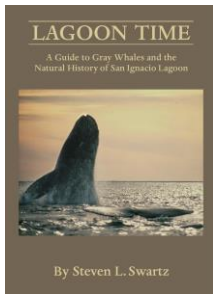


HIKING MAUI: The Valley Isle, 9th Edition

ISBN: 9780924308147, Retail: \$16.95
Author: Robert Smith
Publisher: Hawaiian Outdoor Adventure Publications
Pub Date: 01/14, Format: SC

Hiking Maui offers an exciting and adventurous way to experience Maui, The Valley Isle. Hiking Maui covers the island, detailing 50 hiking trails in 28 hiking areas. It's all here; hiking trails off the enchanting Hana Highway offer wild fruit, waterfalls and generous swimming holes; the trail from the summit of majestic, 10,023-foot Haleakala Volcano into the wilderness provides a surreal adventure and a large measure of solitude, and a stroll through Lahaina introduces the visitor to Hawaii's colorful history and present day multi-cultural society. Here are hikes for the day hiker and the backpacker, for the novice and the experienced outdoors person, for children and their parents and for visitors and residents. Detailed camping information is also included. Hiking Maui is more than a trail guide. It introduces the hiker to Hawaii's rich flora and fauna as well as the history and culture of the Hawaiian people.





LAGOON TIME: A Guide To Grey Whales and The Natural History Of San Ignacio Lagoon

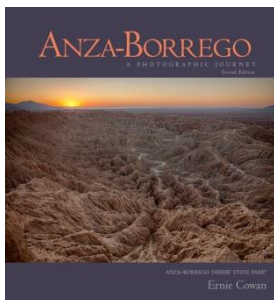
ISBN: 9780916251420, Retail: \$29.95

Author: Steven L. Swartz

Publisher: Laguna San Ignacio Ecosystem Science Program

Pub Date 01/14, Format: SC

Lagoon Time is an extraordinary first-hand account of the experiences and discoveries made by Dr. Steven Swartz and his colleagues in San Ignacio Lagoon, Baja California Sur, Mexico, which provides visitors a look into the human and natural history of Laguna San Ignacio. It is also a field guide to gray whale behavior and the diverse botanical and avian wildlife in the area. All of the net proceeds will support the Laguna San Ignacio Ecosystem Science Program, a project of The Ocean Foundation. The whales migrate along the entire Pacific Coast every year.



ANZA-BORREGO: A Photographic Journey, 2nd Edition

ISBN: 9780932653147, Retail: \$21.95

Author: Ernie Cowan

Publisher: Sunbelt Publications

Pub Date: 10/13, Format: SC

Anza-Borrego Desert State Park is the largest contiguous State Park in the continental U.S., and arguably the most diverse. Here, in stunning full color photographs, is the entire range of the Parks ecosystems, presented as a journey. The scenes and vistas include desert landscapes, but also feature alpine forests, marshes, and meadows, as well as the Park's famous wildflowers.



LOVING LAGUNA: A Local's Guide to Laguna Beach

ISBN: 9780965844956, Retail: \$17.00

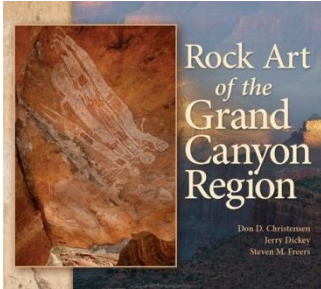
Author: Skip Hellewell

Publisher: Pretium Press

Pub Date: 06/13, Format: SC

Loving Laguna, A Local's Guide to Laguna Beach is a thoughtful look into the unique and historic origins of Southern California's most visited art colony and beach destination. It's a guide to beaches, historic walks and drives, art galleries, restaurants, and things to do—a must-have for residents and visitors.





ROCK ART of the GRAND CANYON REGION

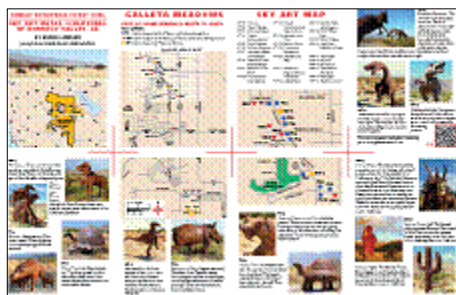
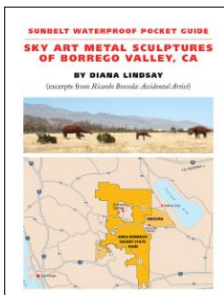
ISBN: 9780932653093, Retail: \$24.95

Authors: Don D. Christensen, Jerry Dickey, Steven M. Freers

Publisher: Sunbelt Publications

Pub Date: 05/13, Format: SC

The rich photography and narrative in this book presents an overview of approximately 5,000 years of Native American rock art painted and engraved on the canyon walls and boulders within the greater Grand Canyon region, an area stretching south from the Arizona-Utah border to the Mogollon Rim.



SKY ART METAL SCULPTURES POCKET GUIDE, 2nd Edition

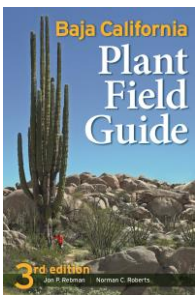
ISBN: 9780932653079, Retail: \$8.95

Author: Diana Lindsay

Publisher: Sunbelt Publications

Pub Date: 10/12, Folded Laminated

Here is a laminated map and guide to the 27 sites in Borrego Valley, CA, where life-size metal sculptures are displayed in a desert landscape surrounded by the Anza-Borrego Desert State Park. The folded laminated pocket guide has 16 4x5-inch panels with brief representative descriptions of the 129 individual sculptures. Sculptor Ricardo Breceda's "Sky Art" is the perfect blend of stunning craftsmanship and placement in open desert landscape. From science to history and nature, the sculptures have evolved into whim and fantasy – something for everyone on this large desert palette. Sculptures include Plio-Pleistocene animals that once roamed this desert, Spanish explorers, bighorn sheep and dinosaurs.



BAJA CALIFORNIA PLANT FIELD GUIDE, 3rd Edition

ISBN: 9780916251185, Retail: \$34.95

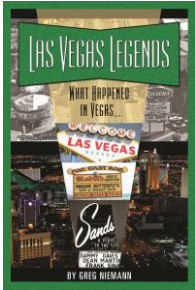
Author: Jon Rebman and Norman Roberts

Publisher: San Diego Natural History Museum

Pub Date: 01/12, Format: SC

The Baja California Plant Field Guide is a manual to native and naturalized plants of the Baja California peninsula, Mexico. It is a useful guide for the entire Sonoran Desert and for Southern California, as over 50% of the species covered also occur in these regions. Over 715 different plants in 111 plant families are identified (most in both English and Spanish), with both scientific and common names and detailed descriptions. Many species are illustrated with color photographs. Descriptions entail plant habit and height; stem, leaf, flower, and fruit morphology; range; elevation; pollination biology; ethnobotanical uses; and discriminating comparisons with close relatives. This book is intended for everyone from the interested novice to the professional botanist.





LAS VEGAS LEGENDS: What Happened In Vegas...

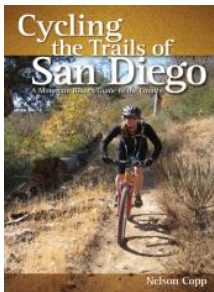
ISBN: 9780932653987, Retail: \$17.95

Publisher: Sunbelt Publications

Author: Greg Niemann

Pub Date: 09/11, Format: SC

Tells the stories behind the headlines and history of “The Entertainment Capital of the World” aka “Sin City”— Vegas! From the first explorers and early founders to the famed entrepreneurs and entertainers who continue to shape this unique city.



**CYCLING THE TRAILS OF SAN DIEGO:
A Mountain Biker's Guide to the County**

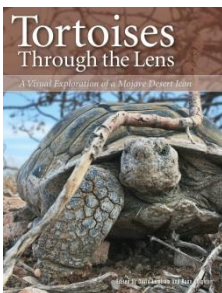
ISBN: 9780932653963, Retail: \$19.95

Author: Nelson Copp

Publisher: Sunbelt Publications

Pub Date: 11/10, Format: SC

Explore the excellent mountain bike trails to be found throughout San Diego County, from the International Border up to Palomar Mountain, and from the coast out to the Anza-Borrego Desert. *Cycling the Trails of San Diego* provides state-of-the-art route maps and detailed trip descriptions for 50 great rides in the county, with a bonus ride along the Santa Ana River Trail! Ride them all—from easy dirt-road trips that can be ridden on hybrid bikes, to tough off-road trails only recommended for mountain bikes—an appendix even lists rides by difficulty, to make choosing rides a bit easier! Consult the full-color master map on the inside front cover, which shows the ride locations within the region (each of the 40 detailed contour-relief route maps includes a locator map, too).



**TORTOISES THROUGH THE LENS:
A Visual Exploration of a Mojave Desert Icon**

ISBN: 9780916251017, Retail: \$14.95

Spanish edition:

TORTUGAS a TRAVES de la LENTE

ISBN: 9781941384046

Authors: David Lamfrom and Rana Knighten

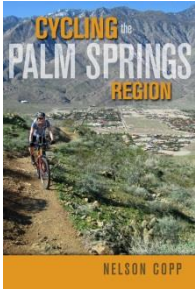
Publisher: Sunbelt Publications

Pub Date: 08/10, Format: SC

Students exploring the wild Mojave, cameras in hand, meeting wildflowers and wildlife face-to-face, while gaining a deeper understanding of the value of these lands--this is the Tortoises Through the Lens Program. This beautiful, full-color book is the product of their eighteen-month adventure to seek out, photograph, and learn about the desert tortoises and the harsh land that they inhabit. See this amazing creature through the eyes of these students, as they explore the starkly beautiful Mojave Desert landscape. The adventure is yours to share; by purchasing this book, you are helping to save this important species, as all proceeds will be used to further desert tortoise conservation efforts. Tortoises begin to emerge from the ground in March and April, the best time for viewing.

****Prices Subject to Change**





CYCLING the PALM SPRINGS REGION

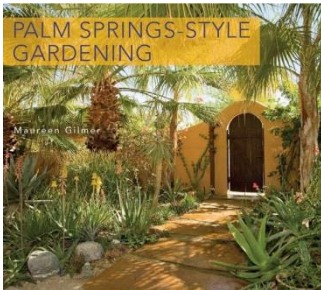
ISBN: 9780932653932, Retail: \$18.95

Author: Nelson Copp

Publisher: Sunbelt Publications

Pub Date: 01/09, Format: SC

This book provides route maps and trip descriptions for 35 great rides in the Coachella Valley. Rides vary from easy road trips for the whole family along highways and bike paths to longer workout trips for more experienced riders, and plenty of tough off-road trails for the most physically fit. About half the trips are suggested for use on mountain bike and ten are located in Santa Rosa and San Jacinto Mountains.



PALM SPRINGS-STYLE GARDENING: The Complete Guide to Plants and Practices for Gorgeous Dryland Gardens

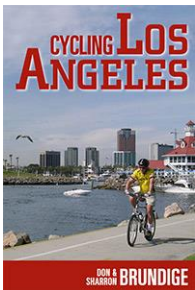
ISBN: 9780932653895, Retail: \$26.95

Author: Maureen Gilmer

Publisher: Sunbelt Publications

Pub Date: 10/08, Format: SC

Despite the Coachella Valley's near tropical climate, creating gardens in this desert can be trying. Wind, heat, sand and a dozen other factors must be considered and then solved or mitigated before plants will grow. While milder parts of California grow gardens so easily that books are hardly needed, low desert gardening is a whole new world where residents need help, and lots of it. Here is a full-color guide to the plants that thrive here, with instructions and tips on how to design, create, and nurture your desert garden.



CYCLING LOS ANGELES

ISBN: 9780932653819, Retail: \$15.95

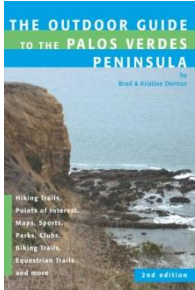
Author: Don Brundige and Sharron Brundige

Publisher: Sunbelt Publications

Pub Date: 09/07, Format: SC

Descriptions and detailed maps for more than seventy bike tours throughout Los Angeles County, and Catalina. Rides vary from family- friendly to a century ride, some on bike paths and some on roads, along the coast and in parks. Route descriptions include points of interest, distance and level of difficulty, as well as connections with other biking routes.





OUTDOOR GUIDE TO THE PALOS VERDES PENINSULA

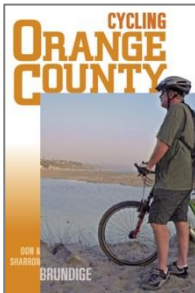
ISBN: 9780932653864, Retail: \$19.95

Author: Brad and Kristine Denton

Publisher: Sunbelt Publications

Pub Date: 11/07, Format: SC

An exclusive, color, fold-out peninsula map is located in a pocket attached to the back cover. This guide book includes hiking trail maps and descriptions, bridle trail information, bikeways, and points of interest for the entire Palos Verdes Peninsula area, plus much more.



CYCLING ORANGE COUNTY

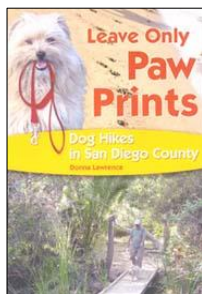
ISBN: 9780932653802, Retail: \$14.95

Author: Don Brundige and Sharron Brundige

Publisher: Sunbelt Publications

Pub Date 11/06, Format: SC

Covering a wide variety of coastal to inland areas of Orange County, California, this all-new edition in a handy 6 x 9 format of the popular guide features on-road descriptions of 58 rides, from short family trips to rides suitable for the most physically fit biker. Detailed maps, distance and elevation, road and traffic conditions, along with information about landmarks and other points of interest.



LEAVE ONLY PAW PRINTS: Dog Hikes In San Diego County

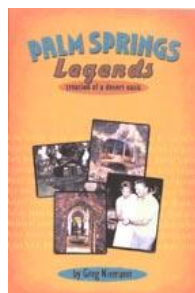
ISBN: 9780932653789, Retail: \$14.95

Author: Donna Lawrence

Publisher: Sunbelt Publications

Pub Date: 06/06, Format: SC

Over 75 hikes and walks for dogs and their people. Includes National, State, City and County parks, Regional Parks, Dog Parks and Beaches. With an appendix of dog-friendly businesses.



PALM SPRINGS LEGENDS: Creation Of A Desert Oasis

ISBN: 9780932653741, Retail: \$17.95

Author: Greg Niemann

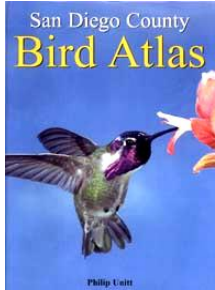
Publisher: Sunbelt Publications

Pub Date: 09/05, Format: SC

Get to know the stories that made this long desert hideaway for celebrities famous, including stories of the Cahuilla Indians who first called this home. Palm Springs, long a desert hideaway for celebrities, has a history as unique and varied as its residents. From the original Cahuilla inhabitants of the area, to the settlers who were drawn to the therapeutic waters of the original hot springs, you will get to know the stories that made Palm Springs famous.

****Prices Subject to Change**

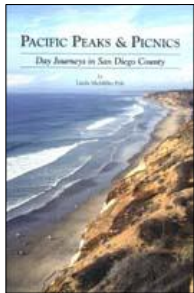




SAN DIEGO COUNTY BIRD ATLAS

ISBN: 9780934797214, Retail: \$49.95
Author: Philip Unit
Publisher: San Diego Natural History Museum
Pub Date: 10/04, Format: HC

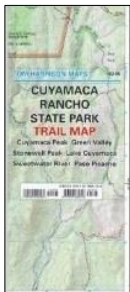
Nearly 500 species with maps of their habitat, nesting, movements, taxonomy, historical changes, and conservation outlook. This remarkable work is an invaluable tool for anyone interested in birds: bird-watcher, teacher, scientist, student, or conservationist.



PACIFIC PEAKS & PICNICS: Day Journeys In San Diego County

ISBN: 9780916251666, Retail: \$15.95
Author: Linda Pyle,
Publisher: Trail Wisdom
Pub Date: 06/04, Format: SC

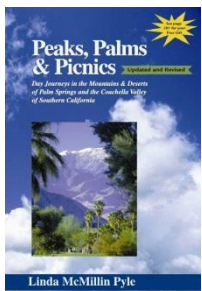
A guide to the hiking and biking trails and natural history of both popular and off-the-beaten-track areas of the county. Included are routes for easy, moderate, or strenuous day hikes: some colorful trailside lore; and the author's 'trail-tested' recipes.



CUYAMACA RANCHO STATE PARK TRAIL MAP

ISBN: 9781877689796, Retail: \$9.95
Author: Tom Harrison
Publisher: Tom Harrison Maps
Pub Date: 08/03, Folded Map

A detailed map of Cuyamaca Rancho State Park showing campgrounds, hiking and horseback riding trails, and topography. Specifically indicated are routes where mountain biking is permitted.

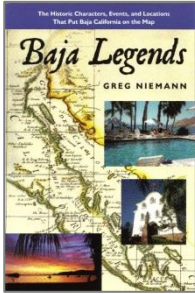


PEAKS, PALMS AND PICNICS: Day Journeys in the Coachella Valley

ISBN: 9780916251574, Retail: \$18.95
Author: Linda Pyle,
Publisher: Trail Wisdom
Pub Date: 02/02, Updated: 2011, Format: SC

Day journeys in the mountains and deserts of Palm Springs and the Coachella Valley of southern California. Written in a narrative style, this book highlights natural history and western lore, and includes scenic picnic locations and simple recipes for the trail.





BAJA LEGENDS: The Historic Characters, Events, and Locations That Put Baja California on the Map

ISBN: 9780932653475, Retail: \$17.95
Publisher: Sunbelt Publications,
Author: Greg Niemann
Pub Date: 01/02, Format: SC

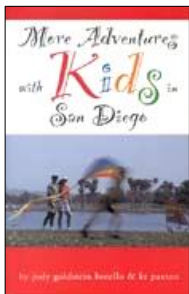
The author of Baja Fever shares his extensive knowledge of the peninsula its colorful past and booming present in this easy to read reference book. History, lore, and amazing stories make it a must have for Bajaphiles as well as armchair travelers.



CAMPGROUNDS of LOS ANGELES and ORANGE COUNTIES

ISBN: 9780932653468, Retail: \$4.95
Author: Jeff Tyler
Publisher: Sunbelt Publications
Pub Date: 01/02, Format: SC

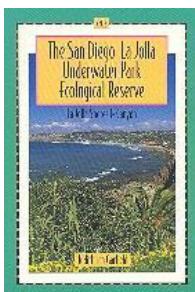
Whether camping in the comfort of an RV, or pulling a tent from the trunk of a car, the reader will find all the information needed to select a great site for that next camping trip!



MORE ADVENTURES WITH KIDS IN SAN DIEGO

ISBN: 9780932653451, Retail: \$14.95
Author: Judy Botello
Publisher: Sunbelt Publications
Pub Date 11/01, Format: SC

The most popular guide to activities and outings in San Diego County with special appeal for children, written by a pediatrician and mother of three. If you are a kid, have a kid, or know a kid, this book will entertain!

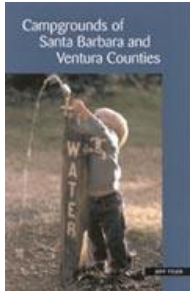


**SAN DIEGO-LA JOLLA UNDERWATER VOL 2:
La Jolla Shores & Canyon**

ISBN: 9780964072473, Retail: \$19.95
Author: Judith Lea Garfield
Publisher: Picaro Publishing
Pub Date: 06/00, Format: SC

Divers! Natural history buffs! Curiosity seekers! Open The San Diego La Jolla Underwater Park Ecological Reserve: La Jolla Shores and Canyon Vol. 2 field guide and dive in. Come and explore the sandy bottom off La Jolla Shores, delve into the eerie depths of mysterious La Jolla Canyon, and discover for yourself the abundance and variety of colorful life that exists.





CAMPGROUNDS of SANTA BARBARA and VENTURA COUNTIES

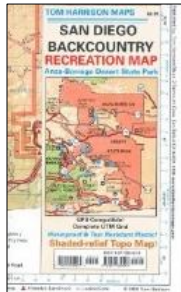
ISBN: 9780932653369, Retail: \$4.95

Author: Jeff Tyler

Publisher: Sunbelt Publications

Pub Date: 06/00, Format: SC

Detailed descriptions of public campgrounds including fees, facilities, and regulations in Santa Barbara and Ventura County. All sites field tested within three months of publication.



SAN DIEGO BACKCOUNTRY RECREATION MAP

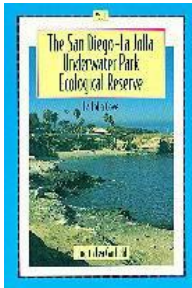
ISBN: 9781877689543, Retail: \$10.95

Author: Tom Harrison

Publisher: Tom Harrison Maps

Pub Date: 02/97, Folded Map

An extremely useful map for all outdoor enthusiasts who want the extensive backcountry in one handy map: topographic information, highways and dirt roads, camping and hiking areas are shown. Biking trails included.



SAN DIEGO-LA JOLLA UNDERWATER VOL 1: La Jolla Cove

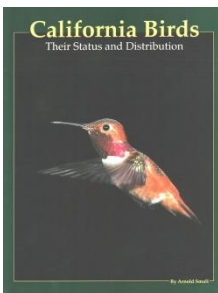
ISBN: 9780964072466, Retail: \$19.95

Author: Judith Garfield

Publisher: Picaro Publishing

Pub Date: 06/94, Format: SC

The San Diego-La Jolla underwater park Ecological Reserve field guide lets swimmers, snorkelers, scuba drivers, tidepoolers, walkers, and casual observers discover the rich natural wonders of La Jolla Cove and its environs. This easy to use guide is packed with intriguing facts and insight about the plants and animals that call the Cove home.



CALIFORNIA BIRDS: Their Status and Distribution

ISBN: 9780916251826, Retail: \$39.95

Author: Arnold Small

Publisher: San Diego Natural History Museum

Pub Date: 06/94, Format: HC

More a reference work than a field guide, this beautiful book includes 336 full-color photographs of California's 586 species of birds and their natural habitats. Maps of California's landform regions, localities and counties are also included.





TOM HARRISON MAPS



****Prices Subject to Change**

